

# 默觀天主聖三愛的奧蹟： 一個密契主義與靈性經驗之整合

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## 摘要

本文試從學術理路切入，研究有關師長艾克哈（Meister Eckhart）的密契思想。筆者認為人在天主聖三的脈絡下，明認愛的奧蹟是非常重要的概念，但並不容易領悟。然而，這個奧蹟發生在人生活的每一時刻。正當筆者的母親生命瀕臨死亡的最後階段，筆者於醫院陪伴照顧時，透過深入默觀母親的個人生命，開始從母親的身上體驗到天主聖三愛的奧蹟。此體會尤其在她生命最後的四十天裡，特別地明顯。在本文中，個人以敘事的寫法提出師長艾克哈認為回歸天主有三種路徑：第一路是「行動之路」（Gewerbe, actions）；第二路是「無路之路」（ein wegloser Weg, a pathless way）；第三路是「在家之路」（ein Zuhause Sein, being at home），用以論述「法納母親」回歸天鄉的過程中，從觀看到凝視她最後生命的歷程，相信她已經平安回到天主聖三愛的根源。最後，筆者於本文提出有關默觀思想和密契生命的觀點。

**關鍵詞：**天主聖三、創造、流出、神元、靈根

# Contemplating the Mystery of Love in the Holy Trinity: An Integration of Mysticism and Spiritual Experience

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## Abstract

In studying the mystical thoughts of Meister Eckhart, people recognize that the mystery of love in the context of the Holy Trinity is a very important concept that is not easy to understand. Yet, this mystery happens every moment in our personal daily life. While taking care of his sick mother in the hospital toward the end of her life, the author began to experience this mystery of the Holy Trinity in his mother's life through a deep and silent meditation on the mystery of the Holy Trinity. This was especially true during the last forty days. In this paper, the author has presented three ways that he could observe in his mother's return to God. These were steps in a process that he will designate as the first way: actions; the second way: a pathless way; and the third way: being at home. Through discussing the process of "Fana mother" returning to the heavens, from gazing to contemplation her last life, it is believed that she has returned to the roots of the Holy Trinity. Finally, the author offers his perspective on the contemplative or mystical life.

**Keywords:** Holy Trinity, Creation, Emanation, Godhead, Ground